

yesterday
AND SO MANY DAYS BEFORE IT,
i walked barefoot
ACROSS BURNING COALS
AND SHARDS OF GLASS
AND PIECES OF MY BROKEN LIFE
on a winding road that
- WITHOUT FAIL -
led me right back to my
PAST.

today
I TOOK A NEW ROUTE
WHERE THE BROKEN PIECES HAVE BEEN SWEEP
aside
INTO A HARMLESS LITTLE PILE
that cannot hurt me or haunt me.

THE ROAD IS PAVED WITH GEMS:
wisdom i have gained,
courage i have found,
love for myself,
gratitude for the
JOURNEY.

I HAVE BEEN THROUGH
hell and back, it's true..
BUT CHOOSING THIS NEW PATH
is the bravest thing
I'VE EVER DONE.